



PSYCHIC
READINGS
— *guide*

7 Quick & Powerful Tips for Getting the

**BEST PSYCHIC READING
OF YOUR LIFE!**

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INTRODUCTION

People usually contact a psychic or medium because they are looking for clarity, guidance, or validation about a relationship, move, career, or their life purpose.

You can get a psychic reading that leaves you feeling "eh," or you can get one that **INSPIRES** you to bring more joy into your heart and start living the life you are meant to live.

How can a psychic or tarot reading do this, you ask? One word:

EMPOWERMENT

Psychic readings can be powerful tools that connect us to our **TRUEST** selves - not just who we are on the surface, or who society and our parents tell us we should be.

Psychic readings can be fabulous tools to:

- Lead us towards joy
- **Help us let go of fear**
- Give us the courage to be who we **REALLY** are (*rock that new hair color!*)
- **Give us the confidence to pursue our dreams (*I WILL write that book!*)**
- Gain insight into our relationships so we can have passion and love in our lives. (*The courage to move away from that unfulfilling relationship - yes, please!*)

Do I really believe that psychic readings can really accomplish all of this?

FOR SURE!



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I'm madly in love with this topic because...

As a psychic medium, I've given over a thousand psychic readings, and had over 100 readings myself, *some of which were so inspiring that they COMPLETELY changed my life for the better and gave me the courage to pursue my dreams... even when it was super scary and my family thought I was nuts.*

Now, I'm sharing what I've learned to teach you how to use psychic readings as tools to lead a happier, more empowered life, too!

When you know how to use them, readings can be beautiful and healing.

They can help you find joy and get "unstuck" by connecting you with the highest and best knowledge for you in this lifetime.

Does that give you chills? Me too!

To your joy,

Jessica

Founder & CEO,
[Psychic-Readings-Guide.com](https://www.Psychic-Readings-Guide.com)



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TIP 1: SET YOUR INTENTION

One of the most empowering things you can do before talking with a psychic reader is to set your intention.

Intentions send powerful energetic vibes out into the universe and let your spiritual helpers know how to best support you.

They also help you connect with your heart and authentic self before the reading, so you can get the insight you really need.

So let's get crystal clear about your intention and why you would like to have a psychic reading. Would you like to feel:

- More peace in your heart
- Clarity
- Connected with a loved one in heaven
- Confident in a decision you are making
- Validated that you are going in the right direction

And of course, you can never go wrong setting the intention that the reading is for your best and highest good! :)

Once you're clear on your intention sit quietly and focus on it for a few minutes, or write it down on a piece of paper.



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TIP 2: ALLOW YOURSELF TO BE OPEN AND RELAX

It's TOTALLY normal to be a little nervous prior to a reading. But here's a little-known secret: The energy of the reading flows easier when you allow yourself to relax and be open to possibilities!

Taking some deep, cleansing breaths, listening to chill music, or taking a walk can be super soothing before your reading.



To talk to a psychic by phone now call **(888) 646-0033**
or **CLICK HERE***



To talk to a psychic via web chat (and **\$9.99 in free credits!**) **CLICK HERE*** or visit:
<https://www.psychic-readings-guide.com/free-reading>

TIP 3: ASK OPEN-ENDED QUESTIONS

The best questions to ask a psychic are those that can offer you insight and be expanded on.

Open-ended questions (such as those that start with how and why) are awesome because they give the psychic and you an opportunity to explore an issue in depth, make a soul-level connection, *and get to the root of the issue (which can lead to joy!)*

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If you're not sure what to ask in your reading, I've made the process easy peasy for you with the ideas below. Find the questions that resonate with you and use them for inspiration!

LIFE AND LIFE PURPOSE QUESTIONS

1. Why am I feeling unhappy even though my life is seemingly great?
- 2. How can I break out of my rut?**
3. What kind of career will make me happy?
- 4. What do my spirit guides want me to know?**
5. What is my calling in life (life purpose)?
- 6. Why am I having trouble seeing why I'm meant to be here?**
7. How can I find hope for my future?
- 8. Why have I always felt as though I don't fit in?**
9. How will I know once I've found my answer?
- 10. What am I hesitating over something I thought I wanted?**
11. How can I improve my mindset?
- 12. How can I know if I need a radical change in my life?**
13. What spiritual signs or guidance am I missing?
- 14. How can I find inspiration?**
15. What will get me excited about life again?
- 16. How can I embrace this time in my life?**
17. What about this period of transition is stressing me out?
- 18. How can I move forward without fear?**
19. Why am I feeling anxious about this situation?
- 20. How can I empower myself to accept this situation?**
21. Why do I keep attracting the wrong kind of partner?

SOULFUL QUESTIONS

1. Who are my spirit guides?
- 2. What colors are in my aura?**



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3. What signs do my loved ones in heaven send to let me know they're around?
- 4. How can I connect with my spirit guides?**
5. What intuitive gifts do I have?
- 6. What message(s) do my spirit guides have for me?**
7. How can I be more in tune with my pet?



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TIP 4: LET THE ENERGY FLOW

Truth bomb: Sitting with energetic "walls" up can block energy and make it super tough for the psychic to read you. It's kinda like trying to drive a car with flat tires. Soooo....

Think of your reading as having a conversation with a favorite friend...

Even letting the psychic know, "YES, that makes sense!" as they talk can help keep the energy flowing so you can have an awesome experience!

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TIP 5: TAKE NOTES

Even if you have a memory like an elephant, take notes. Write down important points from your reading or things that resonate with your soul.

If something comes up that doesn't make sense during your reading, write it down anyway -- it may make sense later.

TIP 6: FIND A QUIET AREA

You totally deserve to set aside some time for yourself so you can relax, connect, and focus on your reading. *Feed the puppy so he's not barking, close the computer so Facebook notifications aren't popping up, and get your little ones settled.*

If evening or late night is your only quiet time, don't worry -- this is where psychic networks shine. They allow you to get a reading *any* time without an appointment. Yay!

Here are two of my favorites:*



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TIP 7: ENJOY IT!

Above all else, enjoy the experience! A great psychic reading should feel like a conversation with a trusted friend. Participate, ask questions, get excited! Have fun!

If you are moved to tears... it's a great energetic release! If you feel overcome by hope and joy -- awesome! If you get goosebumps when something resonates with your soul -- savor the feeling!



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BONUS TIP FOR MEDIUMSHIP READINGS

Mediums give a "voice" to those in spirit and connect them with their loved ones on earth.

For the best experience, be open and release expectations before the reading. Example: Don't doubt that you've truly connected with your Aunt Linda if the medium gives you lots of details about your aunt, *but doesn't mention her favorite pink lipstick. :)*

To learn what to expect in a mediumship reading, **READ THIS POST.**

To speak to a medium now, **CLICK HERE*** and ask to talk with a medium.

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